



On the 8th March 2022 in collaboration with Njabala Foundation. We had the opportunity to host brilliant minds and share our thoughts around the theme of REST.

We were blessed by the poetry of Mona Obua Okula and a brilliant text A call to inaction by Gloria Kiconco

We shared from texts and a book shared by dear friends Moses Serubiri and Sonia E Barret

BECAUSE THE NIGHT by Erik Morse

THE NAP MINISTRY by Tricia Hersley

THE WOMAN WHO WENT TO BED FOR A YEAR by Sue Townsend



# Guests

Pamela Enyonyu

Sandra Suubi

Mable Akeu

Joanne Namunina

Lindah Mutungi

Sheila Nakitende

Gloria Kiconco

Stacey Gillian

Mona Obua Okula

Immy Mali



# Menu

## Beverages and sweeteners

Rosemary tea  
black tea  
Water  
fruit juice  
Tea spices  
sugar  
Vicky's Anu Honey

## Bites and spreads

Home baked bread  
Assorted cookies  
Banana bread  
charcoal roasted gnuts  
(we forgot to eat these)  
Iraa guava jam  
Iraa pineapple jam  
boiled eggs  
Grapes  
pineapple  
Avocado  
Tea biscuits  
Bananas



# Programme

7:15am to 8:00am

Met at departure point and travelled to Buloba

8:45am

Arrival in Buloba , welcome to  
Sandra Suubi's studio gardens and nature walk

9:30am

Introduction of participants and then  
introduction of programme by Lindah Mutungi

10:00am

tea is served as discussions of the texts continue

Sharing of Poetry around the theme of Rest by  
Mona Obua Okula

Sharing text A call to inaction by Gloria Kiconco

12:30pm

Conclusion and opening of Iraa shop

1:00pm

Departure to Kampala

Our hearts are  
full and we look  
forward to the next  
session. We truly  
appreciate your  
generosity

@sandrasuubistudio



NJABALA